

Kapiti Womens Triathlon 2016

Raumati Beach, Kapiti Coast . 28 Feb 2016

Female - - Sprint Distance Tri

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
16-19										
387	Naomi Dyer	1	19:14	1	37:58	1	31:28	13	1:28:40	1
20-29										
388	Michelle Ashley	1	17:48	2	36:11	4	29:05	2	1:23:04	1
389	Sarah Fountain	2	20:24	4	39:52	1	26:34	6	1:26:50	2
390	Tamara Novak	3	20:59	3	39:28	3	26:43	8	1:27:10	3
392	Christina Tresch	5	24:37	1	27:21	5	36:25	12	1:28:23	4
391	Ceallaigh Rodway	4	21:59	5	42:15	2	26:43	18	1:30:57	5
30-39										
396	Debbie Deans	2	20:04	1	35:48	3	29:22	3	1:25:14	1
405	Cherie Wood	1	19:26	4	39:35	2	27:57	7	1:26:58	2
397	Nicola Fleming	3	21:39	2	35:50	4	30:43	11	1:28:12	3
404	Jaye Williams	6	24:05	5	39:40	1	25:46	15	1:29:31	4
401	Janine Stutz	7	24:21	6	40:32	5	33:47	24	1:38:40	5
403	Jo Warren	5	23:27	3	39:29	7	36:52	27	1:39:48	6
394	Daria Brankin	4	22:49	7	42:13	6	34:59	28	1:40:01	7
402	Jessica van Spijk	9	26:26	9	43:07	8	37:21	33	1:46:54	8
400	Monica Stretch	8	25:22	8	42:33	9	41:19	36	1:49:14	9
40-49										
409	Angela Campbell	1	17:43	1	33:33	9	31:39	1	1:22:55	1
416	Shelley Fuszard	5	20:42	6	37:58	2	27:35	4	1:26:15	2
423	Kirsten Rodeka	9	22:50	3	36:52	1	27:06	5	1:26:48	3
422	Siobhan Quayle	3	20:26	2	35:46	6	31:16	9	1:27:28	4
419	Christine Lim	11	23:27	4	37:14	4	28:30	14	1:29:11	5
412	Jo Coxon	2	19:44	7	38:39	8	31:38	16	1:30:01	6
421	Suzie Muirhead	8	22:48	8	39:41	3	27:51	17	1:30:20	7
425	Rachel Wells	4	20:29	5	37:18	10	33:50	19	1:31:37	8
420	Victoria Mahony	7	21:16	11	42:01	7	31:37	20	1:34:54	9
413	Felicity curtis	12	23:43	13	42:23	5	30:37	23	1:36:43	10

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Female - - Sprint Distance Tri

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
417	Jennie Hoadley	6	21:13	10	42:01	12	36:05	26	1:39:19	11
411	Sam Costello	10	23:04	15	42:41	13	36:11	31	1:41:56	12
408	Caroline Bray	14	27:11	9	41:50	11	34:08	32	1:43:09	13
406	Corinne Allan	15	28:08	16	44:59	15	40:58	38	1:54:05	14
414	Wendy Donnelly	13	26:56	12	42:17	16	46:58	39	1:56:11	15
424	Lena Taulima-Bidois	16	38:55	14	42:32	14	40:38	40	2:02:05	16
50-59										
429	Gayle Kaiwai	4	21:31	1	36:05	1	30:00	10	1:27:36	1
430	Joanne Richardson	1	18:43	6	45:33	2	31:19	21	1:35:35	2
431	Sarah Searson	2	19:32	3	42:11	4	34:03	22	1:35:46	3
432	Rogan Spears	3	20:37	5	44:40	3	34:02	25	1:39:19	4
428	Tanya Hulme	6	25:40	2	41:07	5	34:08	29	1:40:55	5
427	Memory Craig	7	26:06	4	43:53	6	37:44	34	1:47:43	6
426	Winnie Cleary	5	23:55	7	45:37	7	42:37	37	1:52:09	7
60-69										
444	Julia Bracegirdle	1	24:44	1	41:41	1	35:27	30	1:41:52	1
433	Sue Cuthbertson	2	25:38	2	44:41	2	37:35	35	1:47:54	2

Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
170	Rewa Henderson	5	14:51	1	28:28	1	24:06	22	1:07:25	1
171	Phoebe Lee	2	11:09	3	32:42	2	27:46	56	1:11:37	2
172	Sophie Neal	1	11:09	4	32:43	4	30:25	73	1:14:17	3
169	Rosie Darrah	3	13:13	2	32:32	3	29:13	78	1:14:58	4

Kapiti Womens Triathlon 2016

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Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
173	Lilah Smith	6	14:51	6	35:22	5	30:31	104	1:20:44	5
174	Phoebe Wood	4	14:51	5	35:22	6	30:31	105	1:20:44	6
20-29										
442	Molly Creagh	2	12:31	10	29:51	1	19:21	2	1:01:43	1
435	Jess Clayton	9	13:54	1	26:39	3	22:04	6	1:02:37	2
189	Emma Wicks	12	15:47	3	27:20	2	22:02	12	1:05:09	3
179	Amelia Gilbert-Milne	3	12:43	12	30:30	4	23:19	17	1:06:32	4
187	Lucy Thomson	1	12:20	11	30:00	8	24:38	19	1:06:58	5
182	Olga Joensuu	14	16:03	8	28:41	5	23:24	27	1:08:08	6
177	Kylie Chapman	17	16:40	4	27:22	7	24:10	28	1:08:12	7
183	Naomi Maciver	16	16:20	7	27:51	9	25:26	33	1:09:37	8
178	Rose Cruden	4	12:46	6	27:47	15	29:27	36	1:10:00	9
184	Stevi Martyn	5	13:33	5	27:42	14	28:46	37	1:10:01	10
450	Sarah Louise Sexton	15	16:05	13	31:38	6	23:36	52	1:11:19	11
181	Heidi Inkster	18	17:06	9	29:36	10	25:38	60	1:12:20	12
176	Ashleigh Brightwell	10	13:59	2	27:06	16	31:20	61	1:12:25	13
175	Catherine Bland	8	13:43	15	35:47	13	27:36	89	1:17:06	14
180	Saffron Glen	6	13:42	18	37:59	11	27:20	98	1:19:01	15
186	Lydia Roughan	6=	13:42	17	37:58	12	27:21	99	1:19:01	16
185	Kimberley McLellan	11	14:35	14	32:49	17	35:03	111	1:22:27	17
188	Emma Tupangaia	13	15:56	16	37:17	18	43:40	155	1:36:53	18
30-39										
231	Kate Scott	1	11:37	2	24:48	4	22:38	1	59:03	1
215	Katie Mccarthy	6	13:35	27	29:59	1	19:05	7	1:02:39	2
242	Daya Wiffen	3	13:17	12	27:55	3	22:26	9	1:03:38	3
217	Jaime McGregor	5	13:32	1	24:32	13	26:04	10	1:04:08	4
227	Kate Roberts	16	14:29	9	27:08	8	23:37	13	1:05:14	5
199	Rebekah Cain	2	13:00	8	26:59	11	25:25	14	1:05:24	6
220	Shalyse Murphy	26	15:09	10	27:24	5	23:03	15	1:05:36	7

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Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
30-39										
219	Kerryn Mclellan	28	15:23	14	28:07	9	23:40	21	1:07:10	8
232	Heather Smyth	20	14:42	23	29:33	6	23:14	23	1:07:29	9
212	Lynette Leitch	7	13:40	32	30:47	7	23:17	24	1:07:44	10
202	Alicia Gibb	27	15:17	4	25:44	21	27:57	31	1:08:58	11
216	Kate McDonnell	18	14:39	15	28:12	18	26:47	34	1:09:38	12
203	Michelle Guest	33	15:55	5	26:09	20	27:43	35	1:09:47	13
221	Ingrid O'Sullivan	14	14:15	16	28:20	22	28:01	40	1:10:36	14
190	Claire alderton	4	13:28	11	27:53	25	29:16	41	1:10:37	15
438	Dena McPhedran	13	14:08	6	26:51	28	29:48	43	1:10:47	16
193	Karla Beamsley	21	14:43	26	29:53	15	26:18	47	1:10:54	17
204	Sarah Halliday	32	15:48	3	25:43	26	29:30	48	1:11:01	18
224	Sammi Rei	37	16:31	28	30:01	10	24:31	49	1:11:03	19
191	Georgia Baird	22	14:46	30	30:34	14	26:06	53	1:11:26	20
211	Kate Lash	12	14:07	33	30:48	16	26:37	54	1:11:32	21
207	Tess Jamieson-Karaha	10	14:00	38	31:43	12	25:52	55	1:11:35	22
234	Amy Stevens	15	14:25	31	30:37	17	26:39	57	1:11:41	23
235	Rosie Sutcliffe	31	15:35	41	34:29	2	21:53	59	1:11:57	24
241	Rebecca White	11	14:04	7	26:57	34	31:46	63	1:12:47	25
314	Josien de Gelder	24	15:02	13	28:04	27	29:42	64	1:12:48	26
210	Bryony Lane	39	16:46	21	29:19	19	26:50	66	1:12:55	27
233	Sonia Speedy	35	16:03	22	29:28	23	28:21	70	1:13:52	28
237	Sarah Tulloch	25	15:07	19	28:53	31	31:02	79	1:15:02	29
223	Cherie Phelps	30	15:32	25	29:43	30	30:43	84	1:15:58	30
226	Patricia Robbie	9	13:59	37	31:36	35	32:04	91	1:17:39	31
208	Anna Kale	34	15:59	40	33:18	24	28:45	95	1:18:02	32
194	Meretini Bennett-Huxtable	43	17:59	18	28:35	38	34:42	106	1:21:16	33
236	Annie Tatana	38	16:37	39	31:51	36	33:03	108	1:21:31	34
198	Jane Byres	23	14:50	43	36:51	29	30:00	109	1:21:41	35
238	Laura Vonk	36	16:09	34	31:19	41	35:49	118	1:23:17	36
230	Mini-Rose Samuels	41	17:06	35	31:24	39	35:06	119	1:23:36	37

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Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
30-39										
196	Katie Brownless	19	14:41	45	38:21	32	31:07	121	1:24:09	38
222	Phillippa Park	42	17:55	29	30:33	46	37:29	123	1:25:57	39
213	Joanna London	45	18:05	36	31:24	47	37:41	125	1:27:10	40
206	Gayle Harrison	8	13:43	49	40:08	37	33:54	127	1:27:45	41
240	Melissa Wharewera	47	18:44	24	29:40	51	39:32	129	1:27:56	42
192	Rose Barber	52	23:02	17	28:33	44	36:53	133	1:28:28	43
205	Lisa Hammington	40	17:04	20	29:05	52	42:19	134	1:28:28	44
197	Angie Busing	44	18:03	48	40:05	33	31:16	137	1:29:24	45
209	Kate LAMB	46	18:23	42	35:02	42	35:59	138	1:29:24	46
200	Rebekah Corrigan	17	14:35	50	40:46	48	38:30	147	1:33:51	47
395	Sarah Louise Davies	48	18:59	44	37:55	45	37:14	148	1:34:08	48
195	Natalie Bourke	29	15:29	52	45:23	40	35:09	152	1:36:01	49
229	Gloria Samuela	50	21:31	46	38:42	43	36:14	153	1:36:27	50
225	Shontae Reynolds	49	20:24	47	39:13	50	39:12	157	1:38:49	51
243	Jaime Winiata	51	22:37	51	41:59	49	38:54	165	1:43:30	52
40-49										
288	June Montgomery	6	14:18	2	24:45	5	23:18	3	1:02:21	1
255	Joana Clouden	2	12:22	9	26:59	3	23:09	4	1:02:30	2
311	Annwyn Tobin	3	12:42	8	26:38	4	23:12	5	1:02:32	3
296	Tracy Rimmell	12	14:38	3	25:11	2	22:57	8	1:02:46	4
298	Kaye Ryan	4	13:13	11	27:17	8	24:23	11	1:04:53	5
285	Tia Mckenzie	5	14:10	1	24:18	22	27:42	16	1:06:10	6
305	Wendy Stevenson	18	15:22	6	26:11	13	25:35	20	1:07:08	7
259	Charlotte Dempster	23	16:10	27	29:40	1	22:12	25	1:08:02	8
318	Kaylene Wilson	27	16:22	5	25:53	15	26:07	29	1:08:22	9
287	Susan Milligan	8	14:25	13	27:36	19	26:40	30	1:08:41	10
317	Lucy Wills	11	14:38	32	30:41	7	23:44	32	1:09:03	11
302	Tara Sellers	32	16:52	30	29:49	6	23:34	38	1:10:15	12
276	Tracy Lee	36	17:10	4	25:39	21	27:30	39	1:10:19	13
281	Nicole Macquet	1	12:16	21	28:51	35	29:42	45	1:10:49	14

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Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
307	Heather Taylor	26	16:15	16	28:03	16	26:32	46	1:10:50	15
295	Melanie Richardson	7	14:24	25	29:23	20	27:27	51	1:11:14	16
271	Lucy Jenkins	14	14:46	19	28:45	26	28:23	58	1:11:54	17
252	Sooz Carnegie	16	14:57	24	29:06	27	28:30	62	1:12:33	18
248	Nicola Beentjes	25	16:12	17	28:13	30	28:49	67	1:13:14	19
301	Catherine Schofield	31	16:49	15	27:48	31	28:57	68	1:13:34	20
266	Claudette Herselman	51	19:23	22	29:02	12	25:15	69	1:13:40	21
293	Lisa Rawlins	29	16:35	10	26:59	38	30:22	71	1:13:56	22
440	Cat Wylde	10	14:37	34	30:57	28	28:32	72	1:14:06	23
251	Anita Brolly	43	17:57	46	31:52	9	24:44	74	1:14:33	24
292	Lisa Parker	42	17:41	20	28:49	25	28:08	75	1:14:38	25
279	Eileen Lockerd	37	17:18	50	32:19	10	25:06	76	1:14:43	26
254	Lisa Cavanagh	13	14:45	39	31:08	36	29:48	80	1:15:41	27
275	Jo Kovacs	40	17:32	31	30:26	23	27:45	81	1:15:43	28
256	Sarah Courtngae	24	16:11	28	29:43	37	29:53	82	1:15:47	29
291	Kerryn Palmer	15	14:53	49	32:14	29	28:47	83	1:15:54	30
270	Cristin Jamieson	9	14:36	61	36:20	11	25:14	86	1:16:10	31
309	Bridget Thomson	22	16:03	37	31:00	34	29:23	87	1:16:26	32
286	Cindy Mellor	17	15:14	23	29:05	41	32:24	88	1:16:43	33
267	Ruth Hillary	39	17:29	44	31:44	24	28:00	90	1:17:13	34
261	Isobel Egerton	19	15:45	58	35:16	17	26:38	92	1:17:39	35
246	Susan Ball	34	17:04	14	27:42	42	33:01	93	1:17:47	36
282	Margaret Malley	48	18:51	29	29:47	33	29:22	94	1:18:00	37
319	Julia Wilson-Davey	46	18:42	53	33:34	18	26:40	97	1:18:56	38
439	Tamara Mauricohooho	55	20:18	12	27:25	40	31:35	100	1:19:18	39
278	Nicola Lim	53	19:34	42	31:39	32	29:21	102	1:20:34	40
87	Trina James	28	16:35	18	28:27	46	35:42	103	1:20:44	41
277	Megan Leyland	38	17:29	35	30:57	43	33:04	107	1:21:30	42
312	Sarah Vaughan	41	17:34	36	30:59	45	33:57	112	1:22:30	43
245	Anouk Alexander	21	15:57	7	26:20	57	40:22	114	1:22:39	44

Kapiti Womens Triathlon 2016

Raumati Beach, Kapiti Coast . 28 Feb 2016

Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
315	Lucy Wilkins	50	19:11	48	32:14	39	31:31	115	1:22:56	45
280	Paula Lynch	59	21:01	59	36:10	14	25:54	117	1:23:05	46
253	Nikki Carroll	45	18:41	40	31:12	44	33:55	120	1:23:48	47
264	Michelle Harman	58	20:57	26	29:30	49	36:21	124	1:26:48	48
273	Helen Joyce	30	16:47	55	34:50	50	36:24	130	1:28:01	49
313	Phillippa Watson	60	21:41	33	30:54	51	36:33	135	1:29:08	50
304	Erin Smith	47	18:42	54	34:06	48	36:20	136	1:29:08	51
306	Joanna Tarleton	52	19:25	43	31:39	53	38:29	139	1:29:33	52
316	Kim Willcox Lee	35	17:06	45	31:50	61	41:21	140	1:30:17	53
269	Charlie Holland	44	18:16	41	31:38	58	40:35	141	1:30:29	54
265	Tania Hatfield	33	16:56	60	36:18	52	38:12	142	1:31:26	55
283	Alice Masters	64	23:07	51	32:38	47	36:06	144	1:31:51	56
260	Lorraine Dick	54	19:53	38	31:03	62	41:22	145	1:32:18	57
294	Shelley Richardson	20	15:50	47	32:05	65	45:09	146	1:33:04	58
257	Jodie Crooke	49	19:08	62	36:39	59	40:56	154	1:36:43	59
308	Staci Thompson	57	20:47	52	32:49	66	45:50	158	1:39:26	60
303	Shellz Shaw	56	20:44	65	40:15	54	39:26	160	1:40:25	61
310	Alana Tisch	62	22:53	57	35:14	63	44:03	162	1:42:10	62
299	Laureen Sadlier	63	23:04	64	39:53	55	40:08	163	1:43:05	63
272	Helen Joronen	66	27:29	56	34:53	60	41:00	164	1:43:22	64
290	Joanne Nixon	65	26:38	63	37:17	56	40:10	166	1:44:05	65
262	Kirsty Farrant	61	22:14	66	47:40	64	44:25	170	1:54:19	66
50-59										
339	Suzanne Stokes	1	12:28	3	26:56	2	27:11	18	1:06:35	1
338	Robyn Sharma	4	14:15	2	26:15	3	27:37	26	1:08:07	2
321	Julie Edwards	6	15:06	1	25:56	7	29:41	42	1:10:43	3
324	Allyson Harwood	5	15:03	5	27:31	5	28:15	44	1:10:49	4
327	Lousia Linterman	15	18:28	7	27:39	1	25:01	50	1:11:08	5
335	Carol Sander	7	15:29	4	27:00	8	30:21	65	1:12:50	6
322	Kirsty Ferguson	9	16:26	13	30:25	4	28:05	77	1:14:56	7

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Female - - Ind Triathlon Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
50-59										
328	Trish McCormack	11	17:18	9	27:56	9	30:48	85	1:16:02	8
334	Catherine Ryan	16	18:32	15	31:11	6	28:52	96	1:18:35	9
330	Sarah McMurray	2	13:19	14	31:01	13	35:08	101	1:19:28	10
441	Raewyn Barr	20	22:58	6	27:33	10	31:46	110	1:22:17	11
341	Jenny Woodward	14	18:25	8	27:50	14	36:18	113	1:22:33	12
415	Kathy Nixon	8	16:11	12	29:56	16	36:57	116	1:23:04	13
337	Michelle Selby	12	17:21	11	29:36	17	38:01	122	1:24:58	14
332	Margy Noonan	10	17:03	10	29:13	20	41:40	128	1:27:56	15
329	Tracey McLean	21	23:59	16	32:55	11	34:45	143	1:31:39	16
340	Trish Tupangaia	17	20:18	17	34:15	19	39:43	149	1:34:16	17
320	Anne Bedford	22	26:07	18	34:45	12	35:05	151	1:35:57	18
323	Helen Glasgow	13	18:11	21	44:51	15	36:54	159	1:39:56	19
331	Paula Middleton	18	20:26	19	38:37	21	45:46	167	1:44:49	20
333	Susan Pepperell	19	22:44	20	43:00	18	39:39	168	1:45:23	21
325	Donna Henare	3	14:14	22	50:40	22	52:58	171	1:57:52	22
60-69										
345	Marama Mita Waata	2	19:21	1	31:47	3	36:31	126	1:27:39	1
343	Helen Hawkins	1	15:49	3	34:38	4	37:35	131	1:28:02	2
346	Raewyn Williams	3	20:04	2	34:14	1	33:50	132	1:28:08	3
418	Judy Elmslie	4	20:14	5	41:42	2	36:01	156	1:37:57	4
344	Barbara Henley	5	21:31	4	37:56	5	46:33	169	1:46:00	5
70+										
348	Hazel Ollerenshaw	2	28:17	1	30:14	1	37:25	150	1:35:56	1
347	Jeanette Aker	1	23:25	2	39:17	2	38:55	161	1:41:37	2

Kapiti Womens Triathlon 2016

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Female - - Ind Triathlon Half

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
350	Leah Forster	2	10:10	4	20:29	1	13:24	6	44:03	1
351	Matanoko McDonald	1	9:35	2	17:09	3	17:45	7	44:29	2
353	Jade Wakeling	3	12:01	3	19:45	4	20:41	17	52:27	3
349	Hannah Craven	5	15:08	5	21:33	2	17:33	19	54:14	4
352	Ruby Summers	4	12:34	1	12:28					
16-19										
355	Emily Tideswell	1	14:03	1	20:13	1	18:28	18	52:44	1
354	Sylvia Teppett	2	17:51	2	22:18	2	22:36	32	1:02:45	2
20-29										
357	Sally Wiffen	1	11:55	1	17:50	1	19:12	12	48:57	1
356	Emma Chambers	2	14:32	2	20:51	2	23:47	26	59:10	2
30-39										
370	Sylvia Walker	1	9:12	1	15:32	1	13:20	1	38:04	1
368	Yasmine Slater	2	10:49	2	15:51	2	15:00	2	41:40	2
364	Jean Hodgkinson	6	11:28	3	16:19	3	15:12	4	42:59	3
437	Teresa Foxley	4	11:05	4	16:37	5	16:18	5	44:00	4
366	Jade Oxnam	8	13:23	6	18:19	4	16:11	10	47:53	5
363	Hester Goodwin	3	10:55	7	19:54	7	18:32	13	49:21	6
362	Lorna Goodwin	7	11:53	5	18:00	9	20:15	14	50:08	7
358	Gerry Blair	9	15:06	9	21:35	6	17:33	20	54:14	8
365	Valerie Love	5	11:21	10	23:07	10	20:25	22	54:53	9
361	Wendy Dinsdale	12	18:40	8	20:59	8	19:44	28	59:23	10
367	Penny Paterson	10	16:58	11	23:35	12	24:56	33	1:05:29	11
369	Demelza Thomas	11	17:26	12	29:05	11	22:31	34	1:09:02	12
40-49										
447	April Gallagher	2	11:54	1	15:53	1	14:21	3	42:08	1
376	Stephanie Krehl	4	12:13	3	16:33	3	16:18	8	45:04	2

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Female - - Ind Triathlon Half

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
375	Debbie Kowalczyk	1	10:32	5	18:56	2	15:58	9	45:26	3
382	Mel Woodhouse	9	14:44	2	16:04	4	17:52	11	48:40	4
379	Joanne Nowak	3	12:11	6	19:10	6	19:37	15	50:58	5
380	Sara Trafford	5	12:16	4	17:57	9	21:13	16	51:26	6
374	Becky Domonkos	11	16:21	9	20:33	5	17:58	21	54:52	7
377	Kim Leach	6	14:16	12	22:05	8	20:54	23	57:15	8
378	Claire Macdonald	12	17:09	8	20:10	10	21:17	25	58:36	9
381	Fiona Wharton	13	18:40	10	21:01	7	19:42	27	59:23	10
372	Sally Alyward	7	14:18	7	19:49	12	25:43	29	59:50	11
373	Broni Carey	8	14:37	11	21:30	11	24:48	30	1:00:55	12
371	Ingrid Adams	10	16:05	13	24:07	13	30:13	35	1:10:25	13
50-59										
384	Gaylyn Bennett	1	16:00	1	23:12	1	23:28	31	1:02:40	1
60-69										
386	Sue Palmer	1	16:15	1	20:59	1	21:20	24	58:34	1

Female - - Ind Duathlon Full

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
4	Ashleigh Horton	3	3:35	1	29:42	1	23:23	11	56:40	1
1	Ruby Christensen -Walden	1	2:45	3	34:05	2	29:50	50	1:06:40	2
3	Annamie Hargaden-Sumner	2	3:01	4	35:40	3	32:35	65	1:11:16	3
5	Rebecca Murray	4	4:03	5	36:18	4	34:22	73	1:14:43	4
2	Courtney Gasser-Gray	5	46:44	2	30:59					

Kapiti Womens Triathlon 2016

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Female - - Ind Duathlon Full

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
16-19										
9	Makiroa Ulutuki	1	4:28	1	23:57	1	37:45	45	1:06:10	1
6	Laura Chalmers	2	4:44	2	33:57	2	39:55	84	1:18:36	2
20-29										
10	Hannah Bradbury	2	3:01	2	27:16	4	32:22	31	1:02:39	1
15	Cassandra Lovejoy	3	3:03	1	27:16	3	32:20	32	1:02:39	2
16	Sarah Pirikahu	1	2:58	4	30:52	5	33:01	51	1:06:51	3
14	Alyce Leger	4	3:47	5	33:02	2	31:22	56	1:08:11	4
11	Jessica Brunton	5	3:48	6	33:03	1	31:20	57	1:08:11	5
12	Nicole Davenport	7	4:05	3	29:48	7	36:48	64	1:10:41	6
462	Samantha Chilman	6	3:49	7	41:23	6	35:53	87	1:21:05	7
30-39										
37	Bex Sharratt	2	2:42	1	22:50	1	20:29	1	46:01	1
45	Nikkie White	7	3:11	5	26:53	2	22:40	3	52:44	2
31	Marissa Martin	4	2:51	7	27:12	3	23:19	6	53:22	3
46	Olivia Wilkinson	20	3:37	2	24:29	13	27:44	7	55:50	4
17	Sarah Anderson	1	-0:04	14	30:17	8	26:47	12	57:08	5
445	Dierdre Finn	8	3:11	3	26:05	15	28:03	13	57:19	6
29	Kerry Knap	12	3:19	4	26:23	14	28:03	15	57:45	7
36	Laura Roberts	11	3:17	6	27:10	10	27:27	16	57:54	8
446	Cara Hoask	9	3:12	18	31:15	4	23:35	17	58:02	9
30	Emma Lewis	3	2:46	12	30:03	5	26:01	18	58:50	10
38	Charlene Smith	5	3:07	11	29:51	6	26:17	21	59:15	11
23	Hayley Corbett	6	3:08	10	28:47	11	27:32	23	59:27	12
32	Olivia Mazey	10	3:15	13	30:12	12	27:40	25	1:01:07	13
39	Eve Southan	24	3:40	17	31:02	7	26:46	27	1:01:28	14
26	Julia Dunne	28	4:05	9	28:06	17	29:51	30	1:02:02	15
43	Anna Wetherill	19	3:35	15	30:20	19	30:41	40	1:04:36	16
18	Baiba Bergmane	32	4:16	23	33:44	9	27:20	42	1:05:20	17
35	Kat Rapley	21	3:38	8	27:14	29	34:31	43	1:05:23	18

Kapiti Womens Triathlon 2016

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Female - - Ind Duathlon Full

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
30-39										
41	Katie Tautuhi	17	3:33	21	33:37	16	29:17	47	1:06:27	19
28	Stef Knaack	22	3:39	16	30:48	21	32:04	48	1:06:31	20
47	Belinda Wilson	14	3:24	22	33:39	20	30:55	55	1:07:58	21
460	Karen Momberg	31	4:09	19	31:52	24	33:26	62	1:09:27	22
19	Sonja Bodley	25	3:47	25	33:57	22	32:14	63	1:09:58	23
21	Bronwyn Carson	26	3:51	26	35:20	23	32:50	66	1:12:01	24
27	Nicky Harrison	16	3:33	32	39:07	18	30:02	67	1:12:42	25
25	Amy Delahunty	29	4:06	27	35:46	30	34:44	71	1:14:36	26
33	Haley Mercer	15	3:27	24	33:50	31	37:20	72	1:14:37	27
44	Claire Wheble	30	4:08	20	32:08	32	38:44	74	1:15:00	28
22	Ginny Cawthra	27	3:52	29	37:14	27	34:18	76	1:15:24	29
40	Meghan Stephens	18	3:34	31	39:05	28	34:20	80	1:16:59	30
20	Anne Bunton	23	3:39	33	39:46	25	33:35	81	1:17:00	31
42	Hilary Vedder	13	3:23	34	40:55	26	34:04	82	1:18:22	32
24	Susan Corin	33	4:37	28	36:34	33	44:18	93	1:25:29	33
34	Charlotte Norman	34	4:42	30	38:46	34	46:57	95	1:30:25	34
40-49										
73	Andrea Pfahlert	1	2:52	1	25:28	1	23:12	2	51:32	1
64	Georgie Heffernan	3	2:54	7	26:50	2	23:17	5	53:01	2
67	Cathy Jeffs	4	2:59	3	25:55	6	26:59	8	55:53	3
74	Lynda Prebble	10	3:30	2	25:40	5	26:57	9	56:07	4
436	Kerstin Maslen	17	3:50	4	26:09	4	26:33	10	56:32	5
82	Christine Wiig	6	3:16	6	26:48	15	28:58	20	59:02	6
66	Lisa Jefferys	11	3:30	8	26:54	14	28:55	22	59:19	7
83	Sarah Wood	23	4:03	5	26:40	13	28:55	24	59:38	8
60	Marina Gambrell	8	3:29	10	27:49	17	29:56	26	1:01:14	9
70	Janine Moss	18	3:51	11	28:31	16	29:39	29	1:02:01	10
80	Debbie Wakeling	7	3:21	14	28:57	19	30:27	33	1:02:45	11
56	Colleen Dunnett	14	3:35	18	30:56	10	28:42	34	1:03:13	12
48	Paquita Bahr	15	3:41	23	31:53	7	27:41	35	1:03:15	13

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Female - - Ind Duathlon Full

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
49	Carolyn Baum	5	3:11	15	29:49	20	30:28	36	1:03:28	14
63	Nicola Gray	21	3:57	19	30:57	9	28:38	37	1:03:32	15
62	Victoria Gits	12	3:31	20	31:29	11	28:45	38	1:03:45	16
53	Sarah Cooper	20	3:55	21	31:31	8	28:23	39	1:03:49	17
79	Michelle Veisaku	28	4:18	22	31:46	12	28:50	41	1:04:54	18
50	Jenny Bridgen	16	3:48	24	32:11	18	30:26	46	1:06:25	19
77	Julie Swinden	19	3:53	34	37:01	3	25:44	49	1:06:38	20
69	Kathie McCarten	27	4:11	13	28:52	24	33:52	52	1:06:55	21
54	Kiri Croasdale	9	3:29	25	32:29	21	31:33	53	1:07:31	22
84	Suzanne Woodill	13	3:33	12	28:42	27	35:37	54	1:07:52	23
75	Amanda Robins	22	3:58	16	30:46	23	33:32	58	1:08:16	24
65	Jenni Horton	24	4:04	26	32:46	22	31:46	60	1:08:36	25
76	Rosemary Robson	29	4:23	30	34:51	26	34:50	69	1:14:04	26
52	Erina Clayton	30	4:24	31	35:43	25	33:58	70	1:14:05	27
71	Chrissie Murray	31	4:25	33	36:20	28	36:00	78	1:16:45	28
72	Michele Oliver	33	4:44	29	34:22	31	39:16	83	1:18:22	29
59	Leiseane Faletolu	25	4:05	32	35:56	30	39:04	85	1:19:05	30
58	Meiny Erasmus	35	5:00	27	32:49	34	42:51	86	1:20:40	31
61	Kirstin Gasser-Gray	26	4:08	37	40:58	29	36:38	88	1:21:44	32
57	Sara Enoka	36	5:19	28	33:51	35	45:03	91	1:24:13	33
68	Linda Johnson	34	4:50	36	38:33	33	41:38	92	1:25:01	34
55	Francesca Crossley	32	4:36	38	40:58	32	40:15	94	1:25:49	35
81	Jo'ann Watson	37	6:22	35	37:43	36	48:49	96	1:32:54	36
284	Catherine McInnes	38	36:10	17	30:54					
51	Rebecca Casey	2	2:53	9	27:17					
50-59										
89	Mary Donohue	2	3:05	4	28:14	1	21:37	4	52:56	1
96	Jan Pierce	1	3:01	3	27:57	2	26:38	14	57:36	2
97	Judy Rayner	4	3:37	2	26:33	3	28:49	19	58:59	3
93	Vivienne Jenner	3	3:35	1	25:23	6	32:38	28	1:01:36	4

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Female - - Ind Duathlon Full

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
50-59										
100	Lynette Wolfenden	7	3:58	6	30:23	5	31:24	44	1:05:45	5
92	Joanne Hewitt	9	4:07	9	33:07	4	31:11	59	1:08:25	6
88	Julie Crouch	6	3:54	5	30:00	7	35:03	61	1:08:57	7
90	Marcella Gregan	10	4:10	8	32:41	9	36:31	68	1:13:22	8
99	Christine Wicks	5	3:46	11	36:08	8	35:11	75	1:15:05	9
85	Daphne Boderick	11	4:13	7	30:42	11	41:14	77	1:16:09	10
91	Denise Harrison	12	4:26	10	35:51	12	42:03	89	1:22:20	11
86	Anne Chatterley	8	4:05	13	39:25	10	38:55	90	1:22:25	12
98	Deborah Stephens	14	6:22	12	37:53	14	48:39	97	1:32:54	13
94	Elaine Johnson	13	4:57	14	50:10	13	46:37	99	1:41:44	14
60-69										
101	Wendy Smith	1	5:01	1	46:07	1	49:31	98	1:40:39	1
70+										
102	Jill Hansen	1	4:18	1	32:59	1	39:35	79	1:16:52	1

Female - - Ind Duathlon Half

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
103	Anya Donohue	1	2:55	1	19:58	1	17:21	3	40:14	1
106	Jade Johnson	2	2:56	2	21:31	2	18:19	6	42:46	2
104	Ciara Donohue	3	3:17	4	23:29	3	20:51	10	47:37	3
105	Awatea Hartnett	4	3:51	3	22:27	4	21:59	11	48:17	4
20-29										
108	Erin Donohue	1	3:08	2	19:48	1	19:26	5	42:22	1

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Female - - Ind Duathlon Half

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
20-29										
109	Caitlin Watson	2	3:41	1	19:42	2	20:40	7	44:03	2
30-39										
443	Elizabeth Holtom	1	3:45	1	23:58	1	19:50	9	47:33	1
40-49										
112	Jo Black	1	3:39	1	17:49	1	16:52	2	38:20	1
115	Rita Hartnett	2	3:52	4	22:25	2	22:00	12	48:17	2
114	Joanne Hare	4	4:39	3	22:18	3	24:01	13	50:58	3
111	Linda Biggans	3	4:28	5	23:56	4	26:21	14	54:45	4
116	Jayde Kawana	5	6:19	2	20:05	5	33:07	15	59:31	5
113	Karen Gordon-Lewis	6	6:41	6	30:51	6	37:07	17	1:14:39	6
50-59										
117	Cheryl Chalmers	2	4:25	2	19:28	1	6:25	1	30:18	1
118	Janine Davie	3	4:29	1	17:59	3	19:51	4	42:19	2
119	Sandy Hooper	1	3:44	3	20:50	2	19:39	8	44:13	3
120	Ruth Trask	4	4:41	4	28:31	4	30:59	16	1:04:11	4

- Ind Swim/Cycle Full

Race No	Name	Swim		Cycle		Section Three		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
461	Nina Booth	1	13:46	1	29:13			1	42:59	1

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Female - - Ind Swim/Cycle Full

Race No	Name	Swim		Cycle		Section Three		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
434	Maria Cramp	1	11:10	1	32:49			1	43:59	1
30-39										
155	Dannielle Bryant	1	17:48	1	35:42			4	53:30	1
40-49										
297	Monica Tresch	1	53:28							
50-59										
156	Marama Puke	2	17:22	1	30:47			2	48:09	1
157	Sue Triggs	1	16:05	2	36:36			3	52:41	2

Female - - Ind Swim/Cycle Half

Race No	Name	Swim		Cycle		Section Three		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
158	Kari Lloyd	1	12:09	1	18:15			1	30:24	1

Female - - Ind Swim/Run Full

Race No	Name	Swim		Run		Section Three		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
12-15										
160	Lily Yaxley			1	39:01			4	39:01	1
40-49										

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Female - - Ind Swim/Run Full

Race No	Name	Swim		Run		Section Three		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
40-49										
166	Kate Jackson	1	9:00	3	25:27			1	34:27	1
165	Sarah Graydon	2	12:00	2	24:21			2	36:21	2
163	Renee Bourke	3	13:31	1	23:53			3	37:24	3
164	Mary Clare Craigen	4	31:00	4	51:13			6	1:22:13	4
50-59										
167	Jane Roberts	1	18:00	1	28:34			5	46:34	1

Female - - Team of 2 Tri Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
Team										
519	. Terese and Adele	6	13:40	3	26:12	1	24:25	1	1:04:17	1
517	. Team Carpenter-King	4	11:41	5	30:47	2	25:17	2	1:07:45	2
510	. Blondies	1	9:31	7	31:53	4	28:31	3	1:09:55	3
514	. Gilbert and the Grape	8	15:34	2	25:00	5	30:21	4	1:10:55	4
512	. Evans Girls	5	12:34	1	24:55	8	36:19	5	1:13:48	5
520	. Wahine Ninjahs	7	14:31	10	35:17	3	26:53	6	1:16:41	6
513	. Family	2	11:33	6	31:14	7	35:23	7	1:18:10	7
516	. Spencer Girls	9	15:41	8	31:57	6	33:23	8	1:21:01	8
515	. Penny4GWRC	3	11:35	9	34:54	9	39:16	9	1:25:45	9
518	. Team Tere	10	19:45	4	28:57					
511	. Devlin Girls	11	1:28:25							

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Female - - Team of 2 Du Full

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
Team										
504	. Gogirlgo	2	3:03	1	27:57	1	20:31	1	51:31	1
501	. Aqua Vitae	3	3:22	4	29:53	2	20:53	2	54:08	2
503	. G-Force	1	2:40	5	33:47	3	22:45	3	59:12	3
529	. Firebirds	7	4:23	2	28:34	6	30:47	4	1:03:44	4
506	. Queens of Karori	5	3:48	6	34:27	4	25:48	5	1:04:03	5
505	. Insert Creative Team Name He	4	3:31	3	29:48	7	30:47	6	1:04:06	6
502	. Fun Runners	6	3:53	7	35:42	5	26:21	7	1:05:56	7

Female - - Team of 2 Du Half

Race No	Name	1st Run		Bike		2nd Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
Team										
508	. Triaddix Flower Power	1	3:52	1	16:50	1	20:24	1	41:06	1

Female - - Swim/Run Team

Race No	Name	Swim		Run		Section Three		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
Team										
509	. Bimbo and the Ranga	1=	29:06							

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Female - - Team of 3 Tri Full

Race No	Name	Swim		Bike		Run		Over All		Division
		Place	Time	Place	Time	Place	Time	Place	Time	Place
Team										
542	. Team Evergreen	8	13:24	3	28:00	3	23:23	1	1:04:47	1
535	. Joes great girls	11	14:19	1	27:19	4	24:10	2	1:05:48	2
521	. Anamal	5	11:49	8	30:37	5	24:28	3	1:06:54	3
546	. Tri-harders	13	14:38	2	27:48	6	24:30	4	1:06:56	4
543	. Team Harris	4	11:44	4	28:23	9	31:14	5	1:11:21	5
522	. CareVets Kapiti Kittens	18	17:35	14	38:25	1	17:48	6	1:13:48	6
545	. The Victory Divas	12	14:20	15	39:18	2	21:16	7	1:14:54	7
549	. Wannabe kiwis	2	10:41	16	39:24	8	27:32	8	1:17:37	8
533	. CC Girls	1	9:14	9	33:51	12	36:28	9	1:19:33	9
548	. TTT Terrific Teacher Trio	9	13:41	5	29:01	13	36:57	10	1:19:39	10
536	. Maxie	6	12:30	6	30:29	15	41:23	11	1:24:22	11
534	. DoToJo	14	15:57	11	34:11	11	36:25	12	1:26:33	12
541	. Sassy Sisters	10	14:11	18	48:21	7	24:41	13	1:27:13	13
540	. Sage Sisters	19	22:06	10	33:54	10	32:16	14	1:28:16	14
544	. The 3 G's	16	16:01	7	30:30	16	44:19	15	1:30:50	15
538	. Paekakariki Purple Parrots	17	17:17	12	35:39	14	39:26	16	1:32:22	16
547	. Tri-tastic	7	12:33	13	36:27	17	51:00	17	1:40:00	17
537	. MMNZ Strong	15	16:00	17	46:16					
539	. power of 3	3	11:31	19	58:46					

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Results

Female - Fun Run Full

Place	Race No	Name	Time
12-15			
1	274	Trelise Oliver	31:31
2	121	Lucy Smith	31:50
3	162	Juliette Oliver	32:48
4	123	Amaia Watson	33:00
5	110	Madelieine Oliver	34:57
6	124	Cameron Wells	43:13
20-29			
1	125	Sarah Hinder	1:02:42
2	126	Mikayla Pfahlert	1:05:09
30-39			
1	448	Amanda Deacon	40:46
2	127	Michelle Browning	43:19
3	129	Akhila Hanumara	1:03:44
4	131	Anu Vithala	1:03:45
40-49			
1	135	Bianca Tonkin	33:40
2	133	Leanne Gordon	35:34
3	132	Adrienne Darrah	35:53
4	134	Kura Maukau	1:04:01
5	449	Brighid Jamieson	1:46:17
50-59			
1	138	Ellen France	32:55
2	145	Julia Tinga	39:54
3	137	Mary Bridge	48:15
4	141	Theresa Keogh	48:15
5	143	Joy Nofoasaefa	49:22
6	463	Bridget Bazalo	52:03
7	146	Iona Wallace	55:49
8	140	Annette Kemp	57:12
9	144	Leigh Sullivan	1:02:42
10	142	Huia King	1:04:02
11	139	Ginny Higgins	1:04:35
12	136	Pauline Binkhorst	1:04:35
60-69			
1	149	Ruth Pearce	54:27
2	150	Alison Shailer	54:31
3	151	Catherine Wood	55:55
4	148	Claire Fleming	57:12
5	147	Jackie Dunne	1:01:34
70+			
1	154	Noella Pickering	49:21
2	153	Jan Bottin	50:42
3	152	Rosalie Boston	1:05:09